

3 September 2009

2009 INTERIM RESULTS
Hellenic Carriers Limited ('Hellenic Carriers' or the 'Company')

Hellenic Carriers (AIM: HCL), an international provider of marine transportation services, which owns a fleet of dry bulk vessels that transport iron ore, grain, steel products and minor bulk cargoes, announces its Interim Results for the six months ended 30 June 2009.

On the same day, the Company's management has scheduled a conference call and webcast at 3.00pm (BST), 5.00pm (Athens) and 10.00am (EDT) to discuss the Results.

Financial Highlights

- Revenues of US\$32.4 million from US\$34.1 million in 1H 2008 (a decrease of 5%)
- EBITDA of US\$22.5 million from US\$26.8 million in 1H 2008 (a decrease of 16%)
- Net income of US\$12.5 million from US\$20.2 million in 1H 2008 (a decrease of 38%)
- Earnings per share of US\$0.27 in 1H 2009 calculated on 45,616,851 shares outstanding on 30 June 2009
- Net cash flows from operating activities of US\$21.3 million from US\$27.9 million in 1H 2008 (a decrease of 24%).

Operating Highlights

- Operation of a fleet of 6 vessels on average in 1H 2009 compared to 4.8 vessels in 1H 2008
- Daily average TCE of US\$28,297 in 1H 2009 from US\$38,800 in 1H 2008 (a decrease of 27%)
- Daily average operating expenses of US\$4,776 from US\$5,136 in 1H 2008 (a decrease of 7%)
- Time Charter agreements on three of the vessels, the Panamax M/Vs Hellenic Sky and Hellenic Sea and the Handymax M/V Hellenic Horizon ranging minimum between 4-13 months
- Restructuring and extension of the existing charters for the M/Vs Hellenic Breeze and Konstantinos D
- Time charter cover for the remaining of 2009 at 83% and 59% for the whole of 2010

Management Commentary

Fotini Karamanlis, Chief Executive Officer, commented: "Hellenic Carriers achieved strong results during the first half of 2009 despite the protracted uncertainty and volatility in the global financial and shipping markets. During this period we continued with our strategy of seeking to enhance our cash flow visibility through a prudent chartering approach, maintain a strong balance sheet with high liquidity and moderate debt and reinforce our ability to take advantage of asset acquisition opportunities that surface during weak markets.

"During the reporting period the charter coverage of the fleet was optimised by arranging time charters for five of the six vessels. Three new time charter agreements for the M/Vs Hellenic Sea, Hellenic Horizon and Hellenic Sky during the strong freight environment in 2Q 2009 were entered into and the two existing charters on the M/Vs Hellenic Breeze and Konstantinos D were restructured, thus expanding our contracted revenue base.

"In addition, our bank debt during the first half of 2009 was restructured by reducing the principal instalments for 2009 and 2010 and waivers for our financial covenants were also obtained until January 2011. With a net debt to book capitalization at 44% and cash reserves of \$64 million on June 30, 2009, Hellenic has a strong balance sheet. In order to maintain our strong cash position, and in light of the continued uncertain market environment, our Board of Directors decided not to distribute an interim dividend for 2009.

"Demand for dry bulk commodities during 1H2009 has been much stronger than anticipated mainly due to a resilient growth trend in China. The effect of strong demand has been reflected in the BDI, which has outperformed most market participants' expectations. We believe that during 2H2009 we may also see a gradual increase in imports of raw materials from the West and Japan. With regard to fleet supply, although the theoretical order book causes uncertainty, the situation for the time being is better managed than previously envisaged. Although volatility will continue to prevail in the short term, we remain optimistic about the long term outlook of the dry bulk sector and believe that Hellenic is well placed to deal with both challenges and acquisition opportunities that may arise."

Interim 2009 Results

For the six months ended 30 June 2009, Hellenic reported total revenues of US\$32.4 million compared to US\$34.1 million for 1H 2008, a decrease of only 5% despite the sharp drop in freight rates and reflecting the higher average number of vessels in our fleet. The vessel operating expenses in 1H 2009 increased to a total of US\$5.2 million compared to US\$4.5 million in 1H 2008 mainly as the result of the larger fleet size (average of 6

vessels in 1H2009 vs 4.8 vessels in 1H2008). Nevertheless, on a per vessel daily basis, average operating expenses decreased by 7%. Moreover, General and Administrative Expenses decreased by approximately 18%.

EBITDA decreased by 16% to US\$22.5 million in 1H 2009 from US\$26.8 million in 1H 2008 primarily owed to higher voyage and vessel operating expenses mainly reflecting the larger size of our fleet as mentioned above. Net income decreased by 38% to US\$12.5 million in 1H 2009 from US\$20.2 million in 1H 2008, reflecting higher depreciation charges as a result of the larger average fleet and higher finance costs.

During the six months ended 30 June 2009, the Company through its subsidiaries owned 6 vessels on average, earning an average TCE rate of US\$28,297 per day compared to 4.8 vessels and average TCE rate of US\$38,800 per day in 1H 2008.

Dividend

At the Company's second AGM held on 20 May 2009 the final dividend in respect of the financial year 2008 of GBP 0.023 per ordinary share in the share capital of the Company was approved.

After careful consideration, in order to maintain our strong and healthy cash position, the Board of Directors decided that it is in the benefit of the Company not to distribute an interim dividend for the financial year 2009. Not distributing an interim dividend allows us to be in a position to take advantage of any potential acquisition opportunities as well as face challenges, which may arise due to the volatile freight market.

Financing Activities

During the reporting period, the principal repayment instalments for both 2009 and 2010 were successfully restructured and waivers for the financial covenants from lenders were obtained until 1 January 2011.

Selected Financial Data

(US\$ in 000's except per share data)	<u>Six months ended</u> <u>30 June 2009</u>	<u>Six months ended</u> <u>30 June 2008</u>
Revenue	32,361	34,086
EBITDA ⁽¹⁾	22,457	26,803
Profit for the period	12,524	20,181
	<u>Six months ended</u> <u>30 June 2009</u>	<u>Twelve months</u> <u>ended 31 December 2008</u>
Total assets	246,745	243,150
Long-term debt, net of unamortized arrangement fees	140,525	147,521
Total equity	95,891	82,617
	<u>Six months ended</u> <u>30 June 2009</u>	<u>Six months ended</u> <u>30 June 2008</u>
Cash flow from operating activities	21,264	27,886
Cash flow from investing activities	(81)	(119,521)
Cash flow from financing activities	(11,233)	88,190

(1) EBITDA has been calculated as follows: Operating profit + Depreciation + Depreciation of dry-docking costs

Fleet deployment / Dry-dockings

The M/V Hellenic Sea performed its scheduled Special Survey in April-May 2009 in China immediately upon the completion of its previous charter to Sinochart. The cost of the Special Survey, which was within budget, will be amortized over the course of the next 2.5 years.

During 1H 2009, the Company through its respective shipowning subsidiaries restructured two of its existing time charters, extending their duration and optimizing fleet charter coverage, and entered into new time charters for three other vessels.

Specifically, in January 2009, its wholly owned subsidiary Nestos Shipping Corporation extended the time charter for the M/V Hellenic Breeze, which would have expired in April 2009, for a minimum period of two years at the gross rate of US\$24,000 per day commencing as of 1 January, 2009. In February 2009, its wholly owned subsidiary Vergina Shipping Ltd extended the time charter for the M/V Konstantinos D, which would have expired in March 2010, until 25 January 2011 at the gross daily rate of US\$35,000 commencing as of 5 February 2009.

In 2Q 2009 three of the vessels were fixed for medium to longer term periods. In particular, the M/V Hellenic Horizon was time chartered on 30 May 2009 to Oldendorff Carriers GmbH & Co. KG Lübeck for a period of minimum six to about eight months (about meaning plus/minus 15 days) at a gross rate of US\$15,600.

The M/V Hellenic Sea was time chartered for minimum four to about six months commencing on 11 June 2009 to Swiss Marine Corporation Ltd at a gross rate of US\$16,500 per day.

The M/V Hellenic Sky was time chartered for minimum thirteen to about sixteen months commencing on 22 June 2009 to Cargill at a gross rate of US\$18,000 per day.

Taking into consideration the entire fleet of 6 vessels, the estimated time charter coverage for the remaining of 2009 is 83% and 59% for the whole of 2010.

Fleet Operating Data

	<u>Six months ended 30 June 2009</u>	<u>Six months ended 30 June 2008</u>
Fleet data:		
Average number of vessels	6	4.8
Number of vessels at period end	6	6
Total dwt at period end	372,761	372,761
Ownership days ⁽¹⁾	1,086	875
Available days ⁽²⁾	1,050	849
Operating days ⁽³⁾	991	836
Fleet utilization ⁽⁴⁾	94.4%	98.5%
Average daily results (in US\$):		
Time Charter Equivalent (TCE) rate ⁽⁵⁾	\$28,297	\$38,800
Average daily vessel operating expenses ⁽⁶⁾	\$4,776	\$5,136

- (1) Ownership days are the cumulative days in a period during which each vessel is owned by the Company
- (2) Available days are ownership days less the days that the vessels are at scheduled off-hire for maintenance or vessel repositioning
- (3) Operating days are the available days less all unforeseen off-hires
- (4) Fleet utilization is measured by dividing the vessels' operating days by the vessels' available days
- (5) TCE is defined as vessels' total revenues less voyage expenses divided by the number of the available days for the period
- (6) Average daily vessel operating expenses is defined as vessel operating expenses divided by ownership days.

Fleet Deployment

Vessel	Type	Year Built	Yard	Carrying capacity (dwt)	Charter Type	T/C Expiration date EARLIEST	Daily Charter Rate US\$ (Gross)
M/V Hellenic Breeze	Panamax	1993	Tsuneishi Shipbuilding, Japan	69,601	T/C	31/12/2010	24,000
M/V Hellenic Sky	Panamax	1994	Sasebo Heavy Industries, Japan	68,591	T/C	22/07/2010	18,000
M/V Hellenic Sea	Panamax	1991	Jiangnan Shipyard, China	65,434	T/C	11/10/2009	16,500
M/V Hellenic Wind	Panamax	1997	Tsuneishi, Shipbuilding, Japan	74,000	T/C	14/05/2011	54,000
M/V Hellenic Horizon	Handymax	1995	Halla Engineering & Heavy Industries, Korea	44,809	T/C	30/11/2009	15,600
M/V Konstantinos D	Supramax	2000	Mitsui Engineering & Shipbuilding, Japan	50,326	T/C	25/01/2011	35,000

Subsequent Events – Dry-dockings/repairs

The M/V Hellenic Breeze was dry docked in China from 15 July until 29 July 2009 and completed its Intermediate Survey at a cost within budget. Her next scheduled dry-docking will be due in early 2012.

On 23 July 2009, the M/V Hellenic Wind commenced her Special Survey, which is expected to be completed by early September 2009. The M/V Hellenic Wind was delivered to the fleet in May 2008 and this is the first Special Survey under the management of Hellenic Shipmanagement. As announced at the time of the acquisition in December 2007, extensive upgrading work was required, which accounts for the longer time the vessel will stay in dry dock and the higher budgeted figure.

On 2 July 2009, damage occurred to the intermediate shaft bearing of the M/V Hellenic Sea and the vessel in laden condition was towed to Vancouver to undergo necessary repairs. Repairs were completed and the vessel was redelivered to her charterers on 8 August 2009 in accordance with the currently effective time charter agreement. The vessel-owning company, through its insurance policy, is covered for the cost of the repairs and the related expenses above the applicable deductible (US\$125).

Conference Call and Webcast Details

The Company's management has scheduled a conference call and webcast on 3 September, 2009 at 3.00pm (BST), 5.00pm (Athens) and 10.00am (EDT) to discuss the Results.

Conference Call details

Participants should dial into the call 10 minutes prior to the scheduled time using the following numbers: 0800-953-0329 (UK Toll Free Dial-in), 00800-4413-1378 (Greece Toll Free Dial-in), 1-866-819-7111 (US Toll Free Dial-in), or +44 (0)1452-542-301 (Standard International Dial-in). **Please quote "Hellenic Carriers"** to the operator.

A telephonic replay of the conference call will be available until 10 September, 2009 by dialling 0800-953-1533 (UK Toll Free Dial-in), 1-866-247-4222 (US Toll Free Dial-in), or +44 (0)1452-550-000 (Standard International Dial-in). **Access Code: 36347958#**

Slides and audio webcast

There will also be a live and then archived webcast of the conference call, accessible through the Hellenic Carriers website (www.hellenic-carriers.com). Participants to the live webcast should register on the website approximately 10 minutes prior to the start of the webcast.

– ENDS –

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Further Information – Notes to Editors

About Hellenic Carriers Limited

Hellenic Carriers Limited manages through Hellenic Shipmanagement Corp. a fleet of dry bulk vessels that transport iron ore, coal, grain, steel products, cement, alumina, and other dry bulk cargoes worldwide. Currently the fleet consists of six vessels, comprising four Panamaxs, one Supramax and one Handymax with an aggregate carrying capacity of 372,761 dwt.

INTERIM CONSOLIDATED INCOME STATEMENT
For the six months ended 30 June 2009
(Expressed in thousands of U.S. Dollars, except share and per share data)

	30 June	
	2009	2008
	unaudited	
	<i>U.S.\$'000</i>	<i>U.S.\$'000</i>
Revenue	<u>32,361</u>	<u>34,086</u>
Expenses and other income		
Voyage expenses	(2,660)	(1,140)
Vessel operating expenses	(5,187)	(4,494)
Management fees – related party	(711)	(552)
Depreciation	(6,681)	(4,539)
Depreciation of dry-docking costs	(444)	(441)
General and administrative expenses	(900)	(1,097)
Allowance for doubtful debt	<u>(446)</u>	<u>-</u>
Operating profit	15,332	21,823
Finance expense	(3,392)	(2,442)
Finance income	536	781
Foreign currency gain, net	<u>48</u>	<u>19</u>
	<u>(2,808)</u>	<u>(1,642)</u>
Profit for the period	<u><u>12,524</u></u>	<u><u>20,181</u></u>
Earnings per share (U.S.\$):		
Basic and diluted EPS for the period	0.27	0.44
Weighted average number of shares	45,616,851	45,616,851

INTERIM CONSOLIDATED STATEMENT OF FINANCIAL POSITION

At 30 June 2009

(Expressed in thousands of U.S. Dollars)

	30 June 2009 unaudited U.S.\$'000	31 December 2008 audited U.S.\$'000
ASSETS		
Non-current assets		
Vessels, net	178,557	185,063
Office furniture and equipment	13	15
	<u>178,570</u>	<u>185,078</u>
Current assets		
Inventories	514	492
Trade receivables	353	312
Due from related parties	2,494	2,215
Prepaid expenses and other assets	675	433
Restricted cash	207	638
Cash and cash equivalents	63,932	53,982
	<u>68,175</u>	<u>58,072</u>
TOTAL ASSETS	<u>246,745</u>	<u>243,150</u>
EQUITY AND LIABILITIES		
Equity attributable to shareholders of Hellenic Carriers Limited		
Issued share capital	46	46
Share premium	54,355	54,355
Capital contributions	10,826	10,826
Other reserves	(4,393)	(6,596)
Retained earnings	35,057	23,986
Total equity	<u>95,891</u>	<u>82,617</u>
Non-current liabilities		
Long-term debt	132,926	126,562
Other non-current liabilities	4,347	6,596
	<u>137,273</u>	<u>133,158</u>
Current liabilities		
Trade payables	1,363	1,427
Current portion of long-term debt	7,599	20,959
Accrued liabilities and other payables	2,016	1,559
Deferred revenue	2,603	3,430
	<u>13,581</u>	<u>27,375</u>
Total Liabilities	<u>150,854</u>	<u>160,533</u>
TOTAL EQUITY AND LIABILITIES	<u>246,745</u>	<u>243,150</u>

INTERIM CONSOLIDATED STATEMENT OF CASH FLOWS
For the six months ended 30 June 2009
(Expressed in thousands of U.S. Dollars)

	30 June	
	2009	2008
	<i>U.S.\$'000</i>	<i>U.S.\$'000</i>
Operating activities		
Profit for the period	12,524	20,181
<i>Adjustments to reconcile profit to net cash flows:</i>		
Depreciation	6,681	4,539
Depreciation of dry-docking costs	444	441
Amortisation of deferred income	-	(341)
Finance expense	3,392	2,442
Finance income	(536)	(781)
	<u>22,505</u>	<u>26,481</u>
Increase in inventories	(22)	(128)
Increase in trade receivables, prepaid expenses and other assets	(283)	(816)
(Increase) / Decrease in due from related parties	(279)	40
Increase in trade payables, accrued liabilities and other payables	170	1,069
(Decrease) / Increase in deferred revenue	(827)	1,511
Decrease in due to related parties	-	(271)
Net cash flows from operating activities	<u>21,264</u>	<u>27,886</u>
Investing activities		
Acquisition/ improvement of vessels	-	(118,665)
Dry-docking costs	(617)	(1,637)
Interest received	536	781
Net cash flows used in investing activities	<u>(81)</u>	<u>(119,521)</u>
Financing activities		
Proceeds from issue of long -term debt	-	109,391
Repayment of long-term debt	(6,800)	(18,050)
Restricted cash	431	521
Interest paid	(3,411)	(2,661)
Dividends paid	(1,453)	(1,011)
Net cash flows (used in) / provided by financing activities	<u>(11,233)</u>	<u>88,190</u>
Net increase / (decrease) in cash and cash equivalents	9,950	(3,445)
Cash and cash equivalents at 1 January	<u>53,982</u>	<u>47,245</u>
Cash and cash equivalents at 30 June	<u><u>63,932</u></u>	<u><u>43,800</u></u>